



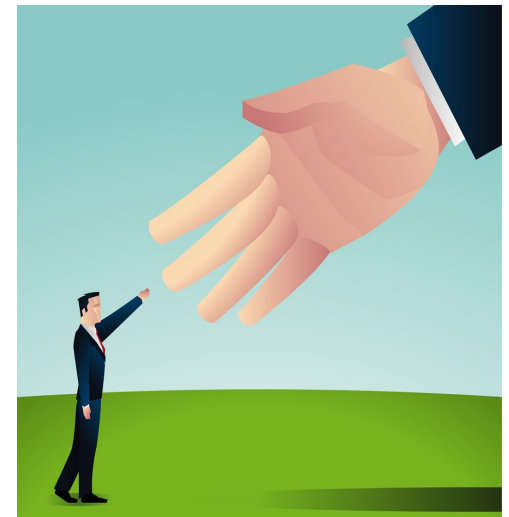
Confidential

Students can see the Counsellor for a variety of reasons. Everyone finds themselves in difficult situations at some time in their lives.

When students want to speak to someone who is professional, confidential and separate from family and friends.



North Sydney English College Counselling Service



See your SSO or Academic Manager for an appointment with the Counsellor

It's free of charge



Who can see the Counsellor

All English and VET students enrolled in the Colleges can access the Counsellor.

Colleges Include:

- Lloyds International College
- North Sydney English College

When you see the Counsellor

When you want to speak to someone who is professional, confidential and separate from friends and family.

All information that is discussed with the Counsellor is private. If you would like to bring a friend or family member with you it is OK.

The Counsellor is here to listen and help you with your concerns.

Why you see the Counsellor

If you are having personal difficulties, or just want to talk about:

- Ongoing health issues
- Missing your family and friends overseas
- Relationships
- Domestic violence issues
- Difficulty in making life decisions
- Ongoing personal problems
- Emotional support
- Work Related Issues
- Stress, anxiety and depression

If you would like to make an appointment to see the Counsellor, please speak to the SSO or Academic Manager .